



ABCs of IEPs: Music Therapy as a Related Service with Bessie Barth, MT-BC

“Bessie Barth’s expertise was instrumental in assisting my students with understanding the IEP process. Utilizing research-based knowledge, clinical case studies and creative methods, Bessie delivered the content in a concise and inspiring manner.” // Maya Zebley, MA, MT-BC
Assistant Professor of Practice, Conservatory of Music, University of the Pacific

“Music therapy has provided enrichment for our son in a way that no other therapy has. His world opens up when he has his sessions with Music to Grow On. The team of Music Therapists at MTGO are creative, compassionate, and above all highly musically talented and educated. I have the greatest confidence in their philosophy and style of delivery because it has worked for us for over 17 years.” // Cori Asbell, Parent and Advocate

DESCRIPTION: In this CMTE course, we will provide an overview on Music Therapy in the IEP setting. This will include topics such as: assessments, IEP meetings, interventions in this setting, goals appropriate for assessment, ethical considerations in this population, and more. The course will also provide appropriate goals to address in the IEP setting and some intervention ideas. Presenters will also share considerations involving telehealth with this population.

PREREQUISITES: Facebook profile is recommended, not required. The course forum is held in a Facebook group. In lieu of a Facebook profile, you are encouraged to interact with the instructor via email.

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BOARD CERTIFICATION DOMAINS:

II. A. 2.: Participants will develop an action plan to educate staff, treatment team, or other professionals regarding appropriate referral criteria for music therapy based on population needs within the IEP setting.

II. B. 3. a-g.: Participants learn how to develop a music therapy assessment for the IEP setting to identify client functioning level and strengths within the following areas of need: cognitive, communicative, musical, physical/motor, psychological, sensory, and social.

INSTRUCTOR QUALIFICATIONS:

Bessie Barth, MT-BC:

Bessie received her Bachelor's of Music in Music Therapy from Willamette University in 1996. During her schooling she worked with a variety of clientele including children with hearing impairments, high school special day classes, skilled nursing, psychiatric facilities, and children's units in hospitals. She completed her internship at Welborn Hospital, Mulberry Center in Evansville, IN, a short-term psychiatric unit for children and adolescents. After completing her internship, Bessie spent two and a half years as a Music Therapist at Southside Arts Center in Sacramento, CA, an adult day program for adults with developmental disabilities. She then spent time working at the Veterans Home in Yountville, CA in the short-term acute hospital and skilled nursing units. In May of 2000, Bessie began her private practice by becoming a vendor through ALTA California Regional Center. As her work continued, she was able to develop contracts with school districts in the Sacramento area. She spent two years working independently before expanding her practice to develop Music To Grow On and increase the number of therapists servicing children with special needs. As the business has expanded, the diversity of populations grew to cover all ages and capacities.

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In April 2006, Bessie was approved to hold a National Roster Internship site at Music To Grow on through AMTA. She is the Internship Director and supervises two interns. She also provides in-services to various groups including Speech Therapists, preschool teachers, and parent support groups about the benefits of Music Therapy. In 2007, she completed advanced training in NMT through the Robert F. Unkefer Academy for Neurologic Music Therapy, earning the title of Neurologic Music Therapist. Bessie is also an adjunct faculty member at University of the Pacific and supervises Music Therapy fieldwork students and guest lectures in the Music Therapy in Special Education course.

Kaitlyn McEowen, MT-BC:

Kaitlyn McEowen, MT-BC is a December 2017 graduate from the University of Iowa in Music Therapy with an emphasis in Voice. She completed her music therapy internship with Music To Grow On in September 2018 and has remained with the team as a board certified music therapist ever since! Having had the chance to explore a diverse range of populations and settings, she has found great passion working with students in schools of a variety of backgrounds and needs. During internship, she found a new love for advocating music therapy in the school setting and has since presented to two school districts on the music therapy assessment process, implementing services and ideas for using music therapy for academic success. In Fall 2020, Kaitlyn took over the position of Assessment Music Therapist and has been able to develop new skills in understanding both how to best implement a music therapy assessment process in the school setting, but how to best express to other professionals the values of music therapy for academics!

Amy Murakami, MT-BC:

Amy Murakami, MT-BC graduated from Eastern Michigan University with a Bachelor of Music Therapy in April of 2010, and a Special Education Teaching Credential from California State University-Sacramento in May of 2013. She completed her

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Music Therapy internship with Music To Grow On under the direction of Bessie Barth and the supervision of Kimberly Smith-Ensign. Amy has experience working with individuals with various disabilities including autism, Down syndrome, cerebral palsy, genetic disorders, brain damage, and severe multiple impairments. Her clientele has ranged from toddler to the elderly, and mild to profound disabilities. She also has experience working with groups. Amy's teaching credential is in mild/moderate disabilities with the authorization to teach English Language Learners and those with Autism Spectrum Disorders. Currently, Amy is the Assessment Coordinator for Music To Grow On, completing all assessments requested by local school districts.

LIVE COURSE FORMAT:

Live CMTE Session (150 mins)

Section 1: Introduction to Music Therapy in Related Services

- a. Personal Introduction
- B. Background
- C. Introduce Current Related Service Laws/Trends (California Context)

Section 2: Assessment Process

- A. Overview
- B. Timeline
- C. What The Assessment Process May Look Like
- D. Assessment Checklist



Section 3: Assessment Considerations/Targeting Goals

- A. What Is Music Therapy Assessing?
- B. Factors Music Therapists Consider
- C. Determining Appropriate Goals To Assess
 - 1. Goal Examples
 - 2. Other Considerations
- D. Determining Qualifying Students Vs Non-Qualifying Students
- E. Questions

Section 4: Goals In The Academic Setting

- A. Areas To Target
- B. Music Therapy As A Teaching Tool (Provide Some Examples)
 - 1. Mnemonic Device
 - 2. Motivator
 - 3. Prompt Tool
 - 4. Other
- C. Questions

Section 5: Related Service Options

- A. 1:1
- B. Co-Treats!
- C. Group Sessions
- D. Consult
- E. Virtual Considerations

Section 6: Ethical Considerations In Assessment And Treatment Planning

- A. Student Abilities
- B. Student Backgrounds
- C. Environmental Factors



Section 7: Further Virtual Considerations And Tools For Academic Goals

- A. Set Up For The Virtual Session
- B. Tools And Technology For Virtual Sessions
- C. Strategies For Virtual Success

Section 8: Questions and Wrap Up

Virtual Office Hour (50 mins)

Total time: 200 minutes

Number of CMTEs: 4 Price: \$95 (included with VIP)

Refund Policy: Within 30 days of your first subscription payment or any single course purchase, if you are not 100% completely satisfied with our ever-expanding library of stellar video courses and interventions then we will gladly refund your money after a short exit interview. Subscription payments after 30 days are FINAL SALE ONLY. In other words, no refunds are available for subsequent subscription payments. Send an email to info@musictherapyed.com for more information.

Refund requests must be accompanied by a thorough explanation and completed course homework. Refunds are granted or denied on a case-by-case basis. No refunds are given after 30 days of purchase date.

CBMT Relationship: ABCs and IEPs: Music Therapy as a Related Service with Bessie Barth, MT-BC is approved by the Certification Board for Music Therapists (CBMT) for 4 Continuing Music Therapy Education credits. MusicTherapyEd.Com, Approved Provider #P-110, maintains responsibility for program quality and adherence to CBMT policies and criteria.

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